## **Surgery Discussion**

## **Surgery Voluntary and Informed Consent:**

Material and inherent risks, benefits, alternatives, and possible complications were explained to the patient regarding surgery and alternative treatments. The patient understands that no treatment is also an option. The patient understands the risks for surgery to be; however, not limited to the following: infection, bleeding, neurovascular damage, incision site tenderness, sensation alterations around incision site, compartment syndrome, failure of repair or reconstruction, pain, stiffness, PE, DVT, and/or death. The patient's questions were answered. The patient wishes to proceed with this elective operation under anesthesia and will be scheduled accordingly.

## **DVT Prophylaxis**:

The patient was informed of the risk of DVTs and the possible prophylactic treatment to attempt prevention of DVT. They are aware of the risk of prophylactic medications and the possibility of these medication side effects outweighing the possibility of actually developing a DVT because of the relatively low risk. The patient understands risk factors to be the following: obesity (BMI >30), >65 years old, history of DVTs, hypercoaguable state, smoking, varicose veins, and oral contraceptive medications (initiated within 3 months of surgery). They also understand that there are no clear cut guidelines for prophylactic treatment.